

**BURBANK POLICE
DEPARTMENT**
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**WISHING
EVERYONE A
HAPPY AND
SAFE HOLIDAY
SEASON**

**INCLUDED IN
NEWSLETTER**

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POLICE CHIEF
SCOTT LACHASSE**
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2013 YEAR IN REVIEW

**DECEMBER 2013
ISSUE 12**

POLICE CHIEF SCOTT LACHASSE



Congratulations and Thank You!

The Burbank Police Department is completing another very successful year, and a well-deserved “Congratulations for a Job Well done” is extended to our committed work force, including our sworn and civilian personnel, volunteers, reserve officers and police chaplains, as well as to the community. Due in large part to the community’s receptivity to crime prevention and vigilance in immediately reporting suspicious activities, there has been another 4% year-to-date (YTD) reduction in Part 1 crime. In addition, our officers recorded another significant increase in self-initiated activities...a very impressive 16% YTD increase. Because of a 43% increase in driving under the influence (DUI) arrests, we have experienced a 6% reduction in DUI traffic accidents. Response times to routine calls for service are down 23% YTD and even with a big increase in the number of emergency calls for service, response time is averaging 3 minutes and 40 seconds.

We are also trending well in respect to quality of life issues. For example, we have experienced large reductions in reported graffiti and vandalism. Additionally, our award-winning Mental Health Evaluation Team, which partners sworn officers with a County Mental Health Department psychologist, has successfully forged many permanent resolutions to cases involving persons who are incapable of caring for themselves and/or others. Further, our very well-received Community Academy program is now conducted in Spanish and Armenian, and for the deaf/hard-of-hearing.

Our success in reducing crime and improving the community’s quality of life is also a result of our Neighborhood Policing Team (NPT), participation in task force operations with allied agencies, and utilization of predictive policing and predictive analytics models.

In respect to the Police Department’s success in positively responding to civilian oversight, the Police Commission has given high marks to the Department’s implementation of the Strategic Plan. Additionally, the Office of Independent Review (OIR), which is monitoring the Department’s commitment to reform, recently concluded its second audit of the Burbank Police Department:

“The cases from this review period reinforce and build upon our favorable impressions from last year. The Department continues to solidify its approaches to robust internal review. The new policies discussed above reflect an ongoing commitment to aligning the BPD with best practices. They enhance accountability and risk management. By doing so, they also contribute to more effective performance in the field and better service to the people of Burbank.”

In summary, the Burbank Police Department remains committed to open communications with every segment of the community; building and sustaining partnerships with all Burbank citizens; and continuous improvement.

We embark upon the New Year with a renewed commitment to work closely with our communities to prevent crime, improve quality of life, ensure inclusion, and to solidify our position as a contemporary, professional, and leading municipal police department.

WEEKLY CRIME STATS - NOVEMBER 2013

CRIME:	Oct 27-Nov 2	Nov 3-9:	Nov 10-16:	Nov 17-23:	Nov 24-30:	YTD 2013	YTD 2012	% Change
Robbery	0	1	0	0	1	47	102	-54%
Aggravated Assaults	1	0	1	1	0	85	77	+10%
Other Assaults	1	8	6	2	6	327	327	0%
Burglary	4	4	7	6	3	261	337	-23%
Auto Theft	10	5	5	3	2	205	191	+7%
CALLS FOR SERVICE	868	856	786	839	692	40,937	41,707	-2%
RESPONSE TIMES:								
* Priority 1	3:55 mins	4:15 mins	4:47 mins	2:42 mins	3:25 mins	3:47 mins	3:37 mins	+5%
** Priority 2	12:00 mins	17:14 mins	13:40 mins	15:55 mins	12:03 mins	14:53 mins	19:13 mins	-23%

* Life Threatening or violent crimes in progress

** Average time for all other calls

Burbank Police Department's Community Academy Class #26



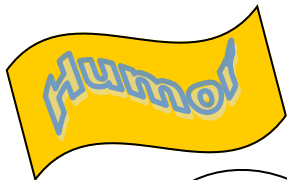
CONGRATULATIONS CLASS #26!

The BPD's most recent Community Academy took place September 25 through November 14, 2013 with a total of 31 participants graduating the class.

NEXT CLASS:

The winter/spring Community Academy will be held every Thursday evening commencing February 6 and concluding April 3, 2014. The meetings, which are held at the Burbank Police Station, begin at 6:30pm, concluding at approximately 9:00pm. There is no charge for the academy and all applicants are subject to a background check. Applications may be picked up at the BPD, or

downloaded from the BPD's website: <http://www.burbankpd.org/community-outreach/community-academy>, and should be returned no later than January 24, 2014. Space is limited; applying early is recommended.



To park, or not to park, and when - that is the question!



STAYING HEALTHY DURING

Why is it that some people seem to sail through cold and flu season without a sniffle, while others can count on always catching that winter cold/flu/virus?



Health magazine asked experts for the best, research-backed secrets for staying well. The article was aimed at mothers and grandmothers, but the advice applies to everyone. The **No.1** tip was to get the flu vaccine, but after that, they suggested following these 4 simple steps:



Breathe some fresh air:

Yes, of course it's warmer inside, but that's also where all those other germy people are. Plus, an overheated office or home air dries out your nasal passages, making them more susceptible to germs settling in; bundle up and go for a stroll outside. A study showed that those who walked 5 days a week during winter had fewer illnesses than those who stayed indoors and were inactive. Not only is the air cleaner out there, but the activity will boost your immune system.



Stop stressing:

Stress and the holiday season seem to go hand-in-hand, but all that commotion can increase your susceptibility to catching a cold. Make sure you delegate some of those holiday season tasks rather than trying to do everything yourself (preparing meals, cleaning, decorating, etc). Find time to relax, be sure to get ample sleep and eat healthful foods. And don't forget — a little daily exercise is a great stress-reliever.



Wash your hands:

Germs are spread through touching, so wash those hands! A 2010 survey found that fewer than 40% of us wash our hands after coughing or sneezing, meaning we then spread those germs as we touch things. Keep your hands away from your face (did you know we touch our face some 16 times an hour?) and lather up after being out and about in public. Be sure you dry your hands thoroughly, too. Damp hands are far more likely to spread bacteria than dry ones.



Get enough sleep:

Sleep tends to get overlooked as a health booster, but it's actually extremely important to the functioning of your body's immune system. A recent Carnegie Mellon study found that anything short of 7 hours nearly triples your odds of catching a cold. How do you improve the quality of your sleep? Physical activity really does help people sleep better. And so does practicing some relaxation techniques right before bed like deep breathing, or slowly tensing and relaxing your muscles starting with your feet and working your way up. Sleep your way to better health!

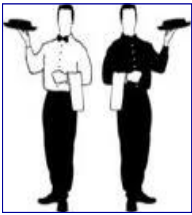
(Source: AARP)

"Tip-A-Cop" Event



The "Tip-A-Cop" event was held at the Black Angus Restaurant on Tuesday, October 15, 2013.

Burbank Police Officers, Cadets, and Explorers were in uniform and assisted the staff at the restaurant in serving food and waiting on tables. Through the "Tips" collected, they were able to raise approximately \$3,000.00 for Special Olympics. The money collected goes towards transportation, facility rentals, and uniforms for the individuals who participate in local competitions with the Special Olympics.



We thank the community for helping to make the "Tip-A-Cop" event a success!



Our mission is to protect life and property, provide professional police services, and work in partnership with the community.

This is accomplished through adherence to core values:

RESPECT

Protect the rights and dignity of all people as determined by the United States Constitution and the laws of the State of California

INTEGRITY

Commitment to ethical behavior and acceptance of individual responsibility and accountability for all our actions and decisions

EXCELLENCE

Quality through continuous improvement