



Events:

- Police Commission Meeting June 15
- Father's Day June 19

In This Issue:

- [Traffic Enforcement & Education](#) Page 2
- [Mental Health Evaluation Team](#) Page 3
- [Coyote Awareness](#) Page 4
- [Burbank Police Explorer Program](#) Page 5
- [Going Hiking?](#) Page 6
- [Community Events](#) Page 7
- [Youth Academy](#) Page 8



BURBANK POLICE DEPARTMENT

Community Newsletter | June 2022

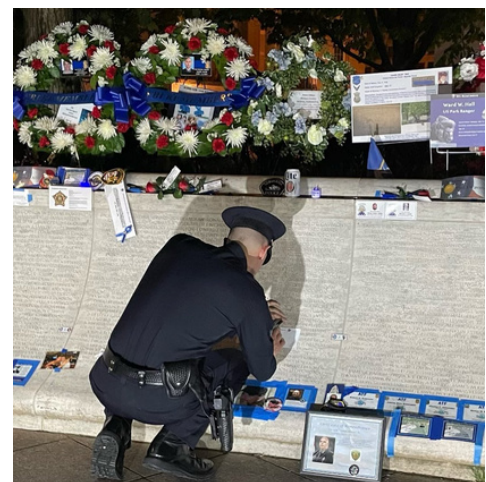
Burbank Police Honor Fallen Officers In Washington D.C.

In 1962, President John F. Kennedy signed a proclamation designating May 15 as Peace Officers Memorial Day. Each year, the Burbank Police Foundation sends two Burbank Police Officers' Association members to the National Law Enforcement Memorial in Washington D.C. for National Police Week, a time period devoted to paying tribute and honoring those law enforcement officers who have given their lives in the line of duty.

This year, Detective Peltier, Detective Espindola, Detective Arias, and Detective Pira represented the Burbank Police Department in Washington D.C. and visited the Memorial Wall, where the names of over 21,000 fallen law enforcement officers are etched in stone.

The Burbank Police Officers' Association appreciates and thanks the Burbank Police Foundation's and Burbank Police Department's support each year for this meaningful trip.

Burbank Police Department
200 N. Third St., Burbank, CA 91502
Non-emergency: (818) 238-3000
For emergencies, dial 911
www.BurbankPD.org



Traffic Enforcement & Education

The Burbank Police Department is committed to ensuring the safety of the citizens in our community. Impairment, speeding, street racing, and other dangerous driving behaviors jeopardize the safety of other people on the road. We continue to enforce traffic laws with the goal of reducing collisions, educating the citizens in our community, and keeping our community safe. This is achieved through the establishment of preventative patrols to deal with specific categories of unlawful driving behavior.



Traffic enforcement strategies are based on collision data, enforcement activity records, traffic volume, and traffic conditions. Several methods contribute to our overall goal:

arrests, citations, warnings, and education. Through these methods and efforts, we strive to educate our community on the importance of safe driving and we aim to keep our community safe.

Traffic Bureau Stats: April 2022

DUI Arrests

37

Citations

790

Documented Collisions

65



Burbank Mental Health Evaluation Team



The Burbank Police Department and the Los Angeles County Department of Mental Health work together in a cooperative effort to provide the City of Burbank with a mental health team aimed towards addressing the growing needs of those suffering from mental illness and homelessness. This joint partnership, known as the Burbank Mental Health Evaluation Team (BMHET), employs a co-response model. The team is comprised of a police officer, Officer Ennisha Kyles, a licensed Department of Health clinician, Sonia Casanova, and an Administrative Analyst, Kelly Bravo-Cuevas.

BMHET's responsibilities are threefold: provide crisis support during calls for service, provide on-going case management support to other divisions regarding persons who would benefit from intensive case management/linkage, and the team provides training to city departments and other community groups.

When BMHET responds to calls for service or contacts an individual with mental health underpinnings, the team evaluates the person and determines if further mental health treatment is required. If so, the team utilizes the numerous resources available through the Los Angeles County Department of Health.

For further information or to inquire about BMHET services, please contact Officer Kyles (EKyles@burbankca.gov) or Mental Health Clinician, Sonia Casanova at (818) 238-3391.

Mental Health Awareness Program

The Burbank Police Department is proud to announce its "Mental Health Awareness Program" (MHAP), which is a sticker program intended to alert first responders that they may be interacting with, or about to interact with a person with special needs.



**POLICE
DEPARTMENT**

A PERSON(S) WITH SPECIAL
NEEDS LIVES HERE

PLEASE UNDERSTAND THE PERSON(S):

- MAY NOT COMPREHEND SIMPLE INSTRUCTIONS
- MAY NOT RECOGNIZE DANGER
- MAY NOT RESPOND
- MAY RESIST HELP

COYOTE AWARENESS

Coyotes are indigenous to the Verdugo Mountains and sightings of them in residential areas are common during this time of year. Typically, coyotes are more active in the spring and early summer when caring for their young and in search of food and water. Coyotes are naturally fearful of humans, but they may become less apprehensive if given easy access to human food and garbage. The following information has been provided by the California Department of Fish and Wildlife to assist residents in communities where coyotes frequent:

DO:

- Trim ground level shrubbery to reduce hiding places.
- Put garbage in tightly-closed containers that cannot be tipped over.
- Remove sources of water, especially in dry climates.
- Bring pets in at night.
- Put away bird feeders at night to avoid attracting rodents and other coyote prey.
- Provide secure enclosures for rabbits, poultry and other small pets.
- Pick up fallen fruit and cover compost piles.
- Install motion-sensing lights or sprinklers around the house.
- Make loud noises if followed by a coyote. If this fails, throw rocks in the animal's direction.
- Ask your neighbors to follow these tips.

DON'T:

- Feed or attempt to tame coyotes.
- Leave small children or pets outside, unattended.
- Leave pet food outside.

Coyotes play a key role in the ecosystem by helping to keep rodent populations under control. Mindful consideration of the precautions listed above will create a manageable cohabitation between the City's residents and local wildlife. For questions concerning this issue, please contact Burbank Animal Control, at (818) 238-3340

BURBANK POLICE EXPLORER PROGRAM



The Burbank Police Explorer program is a career development program for young men and women who are interested in law enforcement. The program is open to those who are 14-21 years of age. The program is staffed and supervised by members of the Burbank Police Department. The Explorer program is strictly a volunteer program that allows youth the opportunity to provide service to the Police Department and the community.

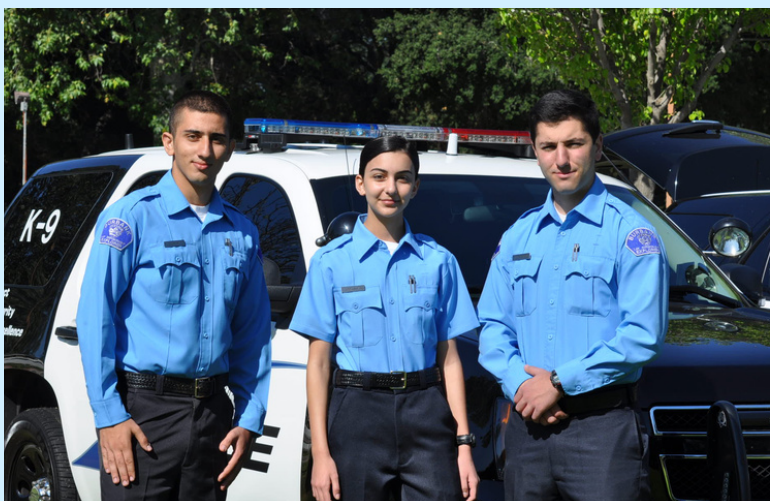
The program is structured to provide academic and technical training. Instruction is provided to assist the Explorers in developing team building skills, leadership skills, and self-discipline to become successful community leaders.

In order to become an Explorer, individuals must complete an application. Once the application has been submitted, an interview will be scheduled. Upon acceptance into the program, individuals attend an Explorer Academy (every Saturday for 18 weeks). Upon graduation from the Academy, an Explorer is able to assist with community events, participate on a Ride-A-Long with sworn officers in patrol, and take part in Explorer competitions.



Leadership Starts Here!

Join the Burbank Police Explorer Program, today!



Going Hiking?

Pack Right.

Hike Light.

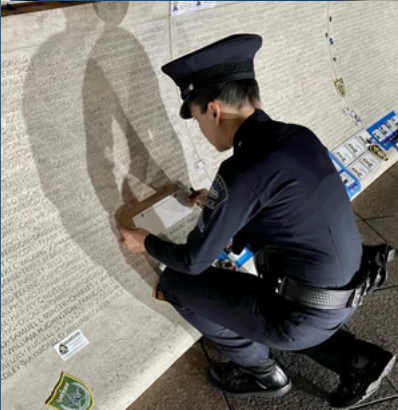
To prevent and deter theft from unattended vehicles while using trails and recreation areas, the Burbank Police Department is encouraging you to **PACK RIGHT** and **HIKE LIGHT**. Leave items of value at home and bring only those items necessary that you can keep with you during your hike. If you must leave items in your vehicle, make sure you hide them from view and **ALWAYS** lock your vehicle.

CITY OF
BURBANK



**POLICE
DEPARTMENT**

Community Events



YOUTH ACADEMY 2022



**APPLY NOW AT
BURBANKPD.ORG!**

The course provides students an opportunity to learn how the Burbank Police Department operates, functions of police officers, and preparation for a career in law enforcement.

Youth Academy Eligibility:
-Ages 14 to 17
-Resident or Student of Burbank



Scan QR to sign up!



Classes will be on the following dates:
Parent meeting: July 6
July 12-13
July 16 (Range day)
July 20
July 26-27
Graduation: July 29



For more information, contact Officer Haratonian at 818-238-3235 or email at RHaratonian@burbankca.gov

MHET in a Minute



Mental Health
Evaluation Team (MHET)
VOL XXI
June 2022

MUFFINS WITH MHET



On 5/17, MHET celebrated its 10 year anniversary, along with Mental Health Awareness Month, at the Miracle Bakery.

Thank you to everyone who came by to celebrate MHET and National Mental Health Awareness Month!



"How I Knew I Had PTSD"

Listen to real stories from people sharing their traumatic experiences and describing their PTSD symptoms

COMMUNITY RESOURCES

PTSD Coach: This app provides education about PTSD, information about professional care, self-assessment for PTSD, opportunities to find support and tools to manage the stresses of daily life.

PTSD Self-Screen: June 27th is PTSD Screening Day! Self-screening is an important first step for those who may be experiencing PTSD to receive the treatment they need. Self-screen takes a few minutes to complete.



PTSD AWARENESS MONTH

- **Post-traumatic stress disorder (PTSD)** is an anxiety disorder that develops in reaction to physical injury or severe mental or emotional distress (e.g., military combat, violent assault, abusive relationships, natural disaster)
- About 6 out of every 100 people (or **6%** of the population) will experience PTSD at some point in their lives
- **Four types of PTSD symptoms:**
 - **Reliving the event** (e.g., nightmares, flashback, seeing, hearing, or smelling something that causes you to relive the event)
 - **Avoiding things that remind you of the event** (e.g., avoid crowds, driving, getting help so you don't have to think or talk about the event)
 - **Having more negative thoughts and feelings than before the event** (e.g., unable to have positive or loving feelings towards others, loss of interest in things you used to enjoy)
 - **Feeling on edge or keyed up** (e.g., jittery, always alert and on the lookout for danger, might act in unhealthy ways like smoking, abusing drugs or alcohol)
- Not everyone who lives through a dangerous event develops PTSD; the following are factors that increase the risk of developing PTSD:
 - Getting hurt or seeing another person hurt
 - Childhood trauma
 - Having little or no social support after the event
 - Having a history of mental illness or substance abuse
- **Factors to promote recovery after trauma:** seeking support from other people, joining a support group, and develop positive coping strategies
- Trauma-focused psychotherapy and medication is known to help treat PTSD

Sources: [U.S. Department of Veterans Affairs](#), [National Institute of Mental Health](#), [American Psychiatric Association](#)



POLICE DEPARTMENT

Contact MHET at 818-238-3391 or BMHET@burbankca.gov